



## **British Cycling Thursday Night MTB Skills Training**

**Southampton Sports Centre  
Thornhill Road, Basset  
Southampton SO16 7AY  
Time 19:00-20:30**

**Open to all ages and abilities  
Cost : Adults £2 Under 16's £1**

**First Thursday of every month Go Ride Mtb racing  
Ideal for beginners, short course all for fun £1 entry fee**

**Contact Dave on 07940433570 or email [davejowett@britishcycling.org.uk](mailto:davejowett@britishcycling.org.uk)**

